

Moosehaven News

Heart Of The Community

No One Wants Grandpa?

Who will take grandpa, who will it be?
All of us want him, I'm sure you'll agree!
Let's call a meeting. Let's gather the clan
Let's get it settled as soon as we can.

In such a big family there's certainly one
It may be his daughters or maybe his son.
It's strange how we thought he'd never wear out
But see how he walks, it's arthritis no doubt.

His eyesight is faded, his memory's dim
He's apt to insist on the silliest whim.
When people get older they become such a care
He must have a home but the question is where?

Remember the days when he used to be spry?
Gave us all cookies and pieces of pie.
Helped us with our lessons and shared our dreams
Kissed away our troubles and sponsored our teams.

Wonderful grandpa, we all love him so
Isn't it dreadful there's no place to go.
One little corner is all he would need
A pillow to cry on, his Bible to read.

A chair by the window, with the sun shining through
Some pretty spring flowers all covered with dew.
Who'll warm him with love so he won't mind the cold
Oh, who'll take our grandpa now that he's old?

What? Nobody wants him? O yes there is one
Willing to give him a place in the sun,
Where he won't have to worry, wonder or doubt.
And he won't be our problem to bother about.

Pretty soon now, God will give him a bed
But who'll dry our tears after grandpa is dead?
While being a Moose member for so many years
Moosehaven will take him so please dry your tears.

He'll be with other grandpas and kept very well
How long he'll keep living, it's only time that will tell.

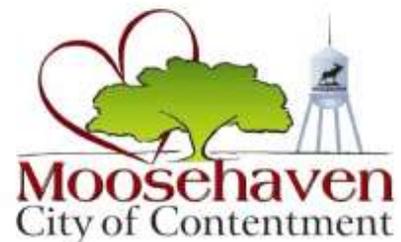
By Victor Gelinas

Volume 7, Issue 11
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Newsletter Editor:
Marina Mathews

What's Happening?

- Middleburg Steak Night
- St. Augustine Mall
- Oakleaf Elementary Chorus
- Community Breakfast!
- Chili Cookoff!
- Car/Bike/Truck Show!
- Mandarin Dinner Dance
- District Sports & Meeting at Lakeshore Lodge
- OP Kennel Club
- Orange Park Chorale
- Opportunity Lodge Dance
- Thanksgiving Dinner & Dance at Macclenny Lodge
- Breakfast at Mandarin Lodge
- Thanksgiving Dinner at Lakeshore Lodge
- Ramona Flea Market



Just John

People intrinsically know whether a behavior is wrong or bad. For instance, we know it is wrong to kill another person. But knowing that certain behaviors are wrong does not define wrong nor does it stop people from doing wrong. So, we have rules and laws each with a set of punishments. However, without a true and consistently applied definition of right and wrong, disparity in their interpretation and application will always result.

It is difficult to exactly define what is right or wrong but most will decide based upon their emotional reaction to it. As a consequence, two people observing the same action may come to different conclusions about it. More importantly, how an action or behavior affects an individual often determines whether he or she proceeds with wrong behavior. There are many examples of deliberately wrong behaviors at Moosehaven, probably more frequently than one might expect.

For example someone keeps stealing beer from the LCC Activities refrigerator. It is likely, this he or she knows that stealing is wrong, but justifies it because of the benefit to him or her. As a result, a staff member, there to serve the Friday luncheon, must instead go for beer. Residents have to wait for service because we are a staff member short. Many suffer consequences because of the actions of one.

Here's another example. A resident couple concealed a life insurance policy at admission. They signed the contract at admission stating that all assets and income would come to Moosehaven in return for care and services for the remainder of their lives. The spouse died. When questions were raised as a result of facts becoming known, the survivor admitted he knew what they did was wrong when they did it. Clearly, knowing it was wrong was insufficient to overcome his desire for the benefit. This couple received hundreds of thousands of dollars in services and benefits at Moosehaven...far beyond the amount of their contributed resources. So, because of wrong behavior, the cost to the fraternity for their care is higher.

Since it is impossible to write a rule for every situation, communities must have a reasoned, unemotional definition of right and wrong to evaluate these and other situations. A poor definition or a bad one results in either punishing the right or rewarding the wrong. Hence, this definition:

- **Right** is that which improves Moosehaven, the fraternity, our community, etc.
- **Wrong** is that which weakens Moosehaven, the fraternity, our community, etc.

Knowing which is which is sometimes a difficult task, but it can usually be determined with careful consideration.

As members of the Moosehaven community, each of us (staff and residents) is responsible to understand and behave in a manner that is good for Moosehaven. As you evaluate yours and others' behaviors and actions, consider whether they improve or weaken Moosehaven.

God bless,
Just John

WRONG!



RIGHT!

Simply Helen

The Gift of Presence

Time is a valuable thing and all too often we fail to think about what we do with it. There are times we forget that “our time” is a gift from God and we fail to use it for His glory. Eph. 5:15-17 reads, “So be careful how you live. Live as men who are wise and not foolish. Make the best use of your time. These are sinful days. Do not be foolish. Understand what the Lord wants you to do.” (NLV)



Your presence may be the greatest gift you can give someone this holiday season. Of course, it shouldn't take the holidays to remind us of this, but does it? This “gift of presence” is a gift that is not out of your reach; in fact we all are capable of both offering it and receiving it. So much goes on in our day-to-day lives that demonstrate the need of the gift of presence. Romans 12:8 reads, “If it is encouraging, let him encourage; if it is contributing to the needs of others, let him give generously; if it is leadership, let him govern diligently; if it is showing mercy, let him do it cheerfully.”

Life can change in an instant for any one of us and recently, that's been the case for many of the people I care about including family, friends, co-workers and even acquaintances. I have to admit, I've been burdened lately with all that has been happening. My prayers have increased and I have been specific in my prayers as to calling those individual's names before God and asking Him to meet their particular need. I've prayed for peace and harmony within families, I've asked for hope and healing to those who've received the news from the Doctors that changed the start of their day from “off to work I go” to “what am I going to do?” I've been there, and I am here today because of prayers and the “gift of presence” of those around me.

I serve an awesome God who can do more than what we could ever hope or think. I'm blessed with a wonderful husband, a great family, wonderful friends and co-workers, and a job/ministry that I love. It's hard to call my position a job, rather it is a ministry. While the load gets heavy at times, I am so thankful that God has allowed me to be where I am, serving both residents and co-workers who feel free to come to me for prayer and encouragement.

Prov. 3:27-28 is a great reminder to us. “Do not withhold good from those to whom it is due, when it is in your power to do it. Do not say to your neighbor, “Go, and come back, and tomorrow I will give it,” when you have it with you.” God never asks us to do anything we can't do, but He does require us to do what we can. All of us who are blessed to be going about with our own happy life, don't forget those who are not walking that same path – how about giving the “gift of presence?” Search your heart and allow God to lead you in what you can do for those you are concerned about. As John Maxwell stated, “People don't care how much you know until they know how much you care.” You've got to “give the gift of presence” for one to know how much you care.

A wise woman who was traveling in the mountains found a precious stone in a stream. The next day she met another traveler who was hungry, and the wise woman opened her bag to share her food. The hungry traveler saw the precious stone and asked the woman to give it to him. She did so without hesitation. The traveler left, rejoicing in his good fortune. He knew the stone was worth enough to give him security for a lifetime. But a few days later he came back to return the stone to the wise woman. “I've been thinking,” He said, “I know how valuable the stone is, but I give it back in the hope that you can give me something even more precious. Give me what you have within you that enabled you to give me the stone.” Author Unknown

Just remember, when you are lonely and need a friend, be a friend. Mark Twain said it best, “The best way to cheer yourself up is to try to cheer somebody else up.”

Simply Helen

Katherine Smith Hall; Welcome Home

You walk through the front door into a well light colorful foyer and notice the interesting artwork on the wall. You hear people talking and laughing so you walk down the spacious hall toward the sound. You round the corner and you are impressed by the large dining room and kitchen. You smell bacon frying and coffee perking. You see two ladies washing dishes while another cleans off the table tops and all of them are talking and laughing. You look out the window and a man is watering the plants in the interior courtyard. In the living room there is 1940's music playing and pictures from that time showing on the large flat screen TV. Several people are telling stories about what they hear and see. In the game room several more people are playing cards. A couple of people have preferred to sleep in and are just coming out of their private bedroom for their morning coffee. So where are you? You are in the Katherine Smith Hall.

The new Katherine Smith Hall is home for up to sixteen Moosehaven residents who need Memory Support Services. One overarching goal of Memory Support Services is to provide opportunities to feel that life has purpose. This begins by recognizing each resident as an individual with unique knowledge, talents and background. We learn what roles they have played over their lifetime and what meaning they drew from each role. We learn their preferences and what kind of daily routine they like to follow. We learn what skills and abilities they possess. After knowing each resident as an individual we work to create an atmosphere where each resident feels they are a part of a group and really more than that they feel they are a part of a family. The staff and residents work together to develop and provide activities that help each resident feel they have accomplished something for themselves or for the group/family every day. Many of these activities are things that residents may have done around their home such as cooking, washing dishes, cleaning table tops, mopping, sweeping, vacuuming, laundry, folding clothes, gardening, repairing, etc. Some activities will relate to hobbies or jobs. Other activities are based on interactions with others and the memories they bring. We look at old pictures, favorite movies or TV shows, listen to music while telling stories and talking about what these things mean to us. An emphasis is placed on activities related to meals and also things you might do in your living room at home with family and friends.

The job description for every staff member working in Katherine Smith Hall contains a word that is rarely, if ever, seen in a health care setting. The word is homemaker. A major part of each staff member's role revolves around helping each resident make a home where they feel safe, comfortable and useful. We want to make a home that goes beyond quality of life to embrace purpose. This is a concept frequently discussed but rarely successfully implemented long term.

Katherine Smith Hall has been a home for approximately eight months. In this short time the dedicated staff has been successful in creating exactly the kind of environment we hoped for when we started this project. Carri Safford is the new Memory Support Director and will lead the staff and residents in maintaining the Katherine Smith family. The need for this service is growing every day and soon we may need to expand again.

Without the Women of the Moose and Loyal Order of the Moose, none of this would be possible. Thank you for your support.

Bill Tippins
Life Care Center Administrator

[Facebook](#)

Are you on Facebook? If so, be sure and LIKE Moosehaven!
You can find all the latest news on our Heart Of The Community Events



The Katherine Smith Hall was opened in February, 2013.
Our appreciation goes out to the Women Of The Moose for their support and dedication in making this home possible.



Admissions News

In The October newsletter I said that we would be meeting to consider 5 new applications for Moosehaven.

Of the five applications four were approved and a date has been set for one of the four. Elida Boisse, sponsored by the Newark, CA Chapter 998, will be arriving on November 4th. Elida will be the 12th resident sponsored by a California Lodge or Chapter. Please welcome her when you have the opportunity.

*Ross Fleet,
Semi-Retired Director of Admissions*

Community Breakfast

Saturday

November 9, 2013

7:30 - 10:00am

\$6 Donation

See you there!



UP Close and Personal with Eva Zuleger

Eva Zuleger was born on January 17, 1923 in Chemnitz, Germany to Albert and Elisabeth Witzig. Her dad was from Switzerland and her mother was from Germany. Eva was raised in Germany but her family went to Switzerland every summer on vacation to visit family. Her parents were members of the Swiss Club and she has fond memories of going to parties there as a young girl and singing Swiss songs. After Eva finished high school, she went to Switzerland to learn to speak French and attended a school to learn the hotel business. Her family owned hotels in Switzerland. She learned to speak several languages besides English including German, French, Swiss dialect, Italian and some Spanish.

Eva met her husband Curt when she worked for him at a hotel. They dated a while and then were married. She eventually became a Travel Agent. They traveled the world and went on several cruises. Once they lived in Spain on the Riviera. They came to the United States in 1958. While living in New York, Eva worked as the head hostess at Toffeneti's Restaurant in Time Square. At that same time her husband was the manager of the St. Regis Hotel on 5th Avenue. After years of working and traveling, Eva decided to be a full time homemaker and stay home and take care of her two children. She has a son named

Edward who lives in California and a daughter, Jacqueline, who lives in Florida. She also has several grandchildren. Eva and her husband decided to move to Florida because they liked the warm weather. Eva's favorite food is seafood. What better place to get seafood than Florida? She has a sweet tooth and loves all kinds of dessert. Eva's husband, Curt, passed away in August, 1985.

Eva joined the Women of the Moose in April, 1995. She earned her Academy of Friendship Degree. She moved to Moosehaven June 27, 2013. She said she loves living at Moosehaven and loves all of the activities that are offered. She loves bingo, monopoly, cards, and anything else that will get her involved with people. She loves to be around people. That is why she moved here. Eva likes to watch Wheel of Fortune, Family Feud and lots of other interactive game shows. She likes to read stories from overseas and loves opera music and easy listening music from years past.

The one piece of advice that Eva would like to leave with the next generation is to "Keep active and Stay Busy!"

*Paula Wrye,
Medical Records*



A Thanksgiving Prayer

Oh, God, when I have food,
help me to remember the hungry;
When I have work, help me
to remember the jobless;
When I have a warm home,
help me to remember the homeless;
When I am without pain,
help me to remember
those who suffer;
And remembering, help me
to destroy my complacency
and bestir my compassion.
Make me concerned enough
to help, by word and deed,
Those who cry out
for what we take for granted.
Samuel F. Pugh

Eva Zuleger



MOOSEHAVEN.ORG

Make sure you visit the Moosehaven website where you can see information about all of our Upcoming Events. Copies of the monthly newsletter are also kept on the website under the Moosehaven News page!

Staff Birthdays!

Shannon Osteen, 1st
Johnnie Snodgrass, 3rd
Darlene Rosier, 5th
Auralus Guerrier, 6th
Christopher Robles, 6th
Bernd Mabry, 7th
Russell Hoagland, 9th
Sandra Santos, 12th
Ramona Richardson, 13th
Celeste Mansfield, 18th
Janice Case, 22nd
Diane Wright, 22nd
Hude Charleus, 23rd
Nyeasha Lambert, 24th
Kirk West, 24th
Althea Artis, 26th
Shondra Harris, 27th
Carmel Clemente, 28th
Lovana Louis, 28th
Denise Pomainville, 28th

Someone Wants Grandpa!

Someone has taken grandpa, he's got a new home.
We're all very grateful, he'll never more roam.
The City of Contentment is where grandpa went,
The Lodge he belonged to got him residence.

They filed an application and in no time at all
He's on his way to Orange Park, it just took a call.
With all the arrangements and the great personnel
Doctors looked him over and found him quite well.

Now we're all so happy, he won't be in the way
We all won't have to wonder how much we will pay.
Sure glad he isn't senile, there's much he can do,
He's quite agile with his hands and thinks clearly too.

Grandpa was independent in domestic ways
He didn't want to be a burden the rest of his days.
So now he isn't lonesome, he hasn't got a care
Besides those lovely buttons that all Moose members wear.

By Victor Gelinus



4th Annual Moosehaven Heart of the Community

CHILI COOKOFF

Car & Bike Show

An International Chili Society Regional Cookoff

Saturday, November 9, 2013

Free Admission
to Event!

People's Choice Chili
Judging only \$5

\$20

Show Car
Registration

Gates open at 10:00am

Judging begins at 11:00am

Awards at 3:00pm

All proceeds benefit Seamark Ranch



NO
Pets
Please



Moosehaven is located at 1701 Park Avenue, Orange Park, FL

www.moosehaven.org

(904) 278-1210



BILL'S BOARD

You are in a city riding a subway car in the late evening. The car is very quiet and comfortable; you and the other passengers are having a very pleasant ride. Some people are reading, others listening to soft music, some are even catching up on paperwork. At the next stop a man and three young children get on. The children are very loud and are running all over the car bumping into people. They are fighting with each other, crying, making noise and generally disturbing everyone on the car. The father just sits staring at the floor, he says and does nothing. You start to feel very negatively toward the misbehaving children and their indifferent father. You might feel irritated or angry or even outraged about the intrusion into your peaceful world. You might want to get off the train, or shout at the children or their father or show your displeasure in some other way.

Finally, you tap the father on the shoulder and say something like “hey can’t you do something to control your children?” The father slowly raises his head and with tears in his eyes he says, “I am sorry, I hardly noticed the noise. We just left the hospital where their mother died. I guess they don’t know how to handle it and neither do I.” In an instant your feelings change. You might

feel empathy for the man and his children, you might want to know how you can help, and you might even feel a little guilty about how you felt earlier.

In the paragraphs above I am paraphrasing a story Steven R. Covey uses in his book *The Seven Habits of Highly Effective People*. He uses the story to illustrate how dramatically the way you view a situation and the people involved influences how you feel and how you respond. It is easy to feel very negatively about the children and their father when you view them as being disruptive and irresponsible. It is much harder for any but the most cold hearted to view this family with anything but compassion when you see them as reeling from the very recent loss of their mother/wife. Your response changes from wanting to punish them to wanting to help them. It emphasizes that we respond emotionally and take action in a situation based on how we see the situation.

Victor Frankl said “Between Stimulus and response there is a space. In that space is our power to choose our response. In our response lies our growth and our freedom”. Dr. Frankl and Dr. Covey have written whole books on this concept (their books are very good and I recommend them). It is impossible for me to do more in one page than to introduce the concept and maybe get you interested enough to look into the subject.

In my mind I see these concepts as closely related. How we view any particular situation de-

pends a great deal on how we approach life in general. Do we view the world as a fast moving dog eat dog place where knee jerk emotional reactions are required to make sure you are in control. Do we see the world as a more complex place that frequently calls for more thoughtful reaction? Is our personal power tied to our more aggressive emotions and responses or to a more thoughtful reaction? Do our immediate emotional responses control us or are we free to pause and evaluate the situation before we respond?

Some people have preconceived ideas about any situation that does not conform to exactly what they want. It must be caused by something or someone who is in some way bad or harmful. Others have a basic view of the world that allows them to give others the benefit of the doubt; to pause and get some perspective or more information before they react. We should not confuse the pause with passivity. The pause recognizes that the world is a complex place of push and pull and give and take. The pause gives us the ability to use our reason as well as our emotion, the freedom to choose and hopefully to choose wisely. Pause for a second and think about it.

*Bill Tippins,
Life Care Administrator*



Mirror, Mirror On The Wall...

I have drawn a blank.

The month of November is my month to pen an article. I must say, I have drawn a complete blank. So, I will write some random notes about my growing older and how I have developed a deeper understanding of the changes I saw in my parents.

A very good friend of mine used an expression that as she grows older she believes has become apropos of life's changes for her. The expression is: "Mirror, Mirror on the wall, I am my mother after all."

Two decades ago, watching a talk show hosted by Sally Jesse Raphael with my mother there was a discussion about this very same topic. The guest on the show explained that as we grow older, women tend to become more like their mothers. So I asked my Mom if she thought that were true of me. Her response was that she felt like I was becoming more like my father. I laughed. I do realize, however, twenty years later, how true it is. It also explains why living with my mother is so comfortable. My parents were happily married for sixty one years when my Dad died. Their love was strong and they showed great consideration for each other.

My mother is a meticulous house keeper. In fact, she remarked the other day the she finally figured out why our relationship really works. She said we are just like "The Odd Couple." I said, I must be Felix. Yeah, right! While I have a facility for organization and numbers, I can be a pack rat and create clutter. My Mom manages everything routinely: laundry on Monday, ironing Tuesday, cleaning and vacuuming on Friday. I remember calling her one Friday morning and I asked what she was doing and she said dusting. She said right now I am dusting your father. I laughed right out loud. My Mom said that Daddy didn't think that was too funny. She hasn't dusted me yet, but I generally don't sit down long enough to have that happen. Not yet, anyway.

After my Dad died my family and I were remembering phrases that my father used regularly and my oldest daughter recorded them. We reminisced and laughed. Only a few of them follow:

"Now, look!"

"Have I got news for you."

"Then he turns around and says..." (This was used regularly)

"Life's a bowl of cherries, how come I got all the pits."

"I was born to be wealthy, not handsome, it's true."

"I am busier than hen's teeth." (Hens don't have teeth)

"And they call themselves professionals" (Sports related)

"Don't get old, San"

"You can't be that old, because I am not that old"

I realize that now I use a lot of expressions that my father used, especially when I am with my family. I can also hear my mother when I say things to my grown children. The very same words she said to me as a young adult. So I guess as I have been blessed to grow older I can truly say, "Mirror, Mirror on the wall, I am my parents, after all."

Sandra Treffinger, Director of Finance

Going Further Than The Distance!

- It was reported that Pat Allen, Pharmacy, goes further than the distance daily with her generous, helpful attitude toward residents and other staff members.
- It was reported that the resident fishermen and fisherwomen are doing an excellent job of keeping the pier clean and orderly.
- It was reported that IMS, Maintenance, Brenda Jewell, Polly Rhoden, the rest of the Halloween Committee and all of our volunteers went miles further than the distance in getting the Somer Thompson Halloween Trick or Treat event planned and executed. Great job!
- It was reported that Nieves Latuch goes further than the distance on a daily basis and is one of our A+ CNAs. When on duty, the resident ladies in her care always have on their jewelry and pretty flowers in their hair and are always smiling.
- It was reported by a family member of a resident that the caregivers, housekeepers and all of the staff at the Life Care Center go further than the distance in their duties to our residents.
- It was reported that the staff members at Katherine Smith Special Needs Halls, our Memory Support program, go further than the distance everyday in the care and attention they put into the program and our residents. It truly is a home for our residents.
- It was reported that Judy Osteen went further than the distance by helping Activities while Althea was out.
- It was reported that Dave Gillespie goes further than the distance in performing his driving duties. Great job!
- It was reported that a big thank you should be said to Sheryl Sherman for decorating FB Hall for Halloween and to Mary Orr for sweeping the patio at Vivian Borom Hall.

Remember, if you have someone you'd like to turn in for going over and above,

Resident Birthdays In November!

Evelyn Howe, 1st
 Norma Hawkinson, 3rd
 Billy Engle, 4th
 Glenn Thurow, 4th
 Robert Mettler, 6th
 Frances Elliott, 7th
 Helen Wittmer, 8th
 Robert Dussinger, 10th

Beatrice Harman, 11th
 Carole Mehrtens, 11th
 Herbert Lewis, 12th
 Donald Shepard, 15th
 Nancy Borem, 17th
 Barbara Shea, 19th
 Russell Coletti, 20th

Willie Pauley, 21st
 Rose White, 22nd
 Ellen Arsenault, 28th
 Mary Doll, 28th
 Aage Madsen, 30th
 Carole McCoy, 30th
 Dorothy Moore, 30th

